

WEEK 1

TUESDAY

Taco Salad

Tortilla Chips
Sour Cream
Salsa
Corny Bean Salad
Taco Meat
Lettuce
Romaine
Tomatoes
Shredded Cheese
Jalapenos
Black Olives
Garbanzos
Fruit Choice



WEDNESDAY

Baked Potato

Chili
Steamed Broccoli
Cheese Sauce
Sour Cream, Butter
Bacon Bits
Romaine, Spinach
Carrots
Cucumbers
Tomatoes, Bell peppers
Croutons
Pepperoncini Peppers
Chopped Onions
Boiled Eggs
Shredded Cheese
Black Olives, Celery Sticks
Garbanzos
Cheez Its
Fruit Choice

THURSDAY

Hamburger or Hot Dog

Chili
Romaine
Spinach
Carrots
Sliced Cucumbers
Sliced Tomatoes
Pepperoncini Peppers
Jalapeno
Sliced Onions
Sliced Cheese
Black Olives
Dill Chips
Celery Sticks
Mayonnaise
Mustard
Ketchup
Slaw
Fruit Choice

FRIDAY

Grilled Chicken

Shredded Cheese
Boiled Eggs
Romaine
Spinach
Shredded Carrots
Cucumbers
Tomatoes
Bell peppers
Croutons
Pepperoncini Peppers
Chopped Onions
Black Olives
Celery Sticks
Garbanzos
Atomis Cheez Its
Fruit Choice

WEEK 2

TUESDAY

Pizza & Salad

Romaine
Spinach
Carrots
Cucumbers
Tomatoes
Bell peppers
Croutons
Pepperoncini Peppers
Chopped Onions
Boiled Eggs
Shredded Cheese
Black Olives
Celery Sticks
Savory Crackers
Fruit Choice



WEDNESDAY

Baked Potato

Steamed Broccoli
Shredded BBQ Pork
Cheese Sauce
Sour Cream, Butter
Bacon Bits
Romaine, Spinach
Carrots
Cucumbers
Tomatoes, Bell peppers
Croutons
Pepperoncini Peppers
Chopped Onions
Boiled Eggs
Shredded Cheese
Black Olives, Celery Sticks
Garbanzos
Cheez Its
Fruit Choice

THURSDAY

Shrimp
Romaine
Spinach
Carrots
Cucumbers
Tomatoes
Bell peppers
Croutons
Pepperoncini Peppers
Chopped Onions
Black Olives
Celery Sticks
Fruit Choice
Spicy Goldfish
Shredded Cheese

This institution is an equal opportunity provider.

FRIDAY

Chicken Strips
Romaine
Spinach
Carrots
Cucumbers
Tomatoes
Bell peppers
Croutons
Pepperoncini Peppers
Chopped Onions
Boiled Eggs
Shredded Cheese
Black Olives
Celery Sticks
Atomic Cheez Its
Fruit Choice